

Medical History

ARE YOU/IS THERE ANY CHANCE YOUR PREGNANT? YES NO

PLEASE DESCRIBE ANY OF THE FOLLOWING THAT YOU HAVE HAD IN THE PAST. INCLUDE DATES IF POSSIBLE.

ALLERGIES (SEASONAL/MEDICATION) _____
DISLOCATIONS/FRACTURES _____
HEAD INJURIES _____
SURGERIES/HOSPITALIZATIONS _____
OTHER INJURIES _____

LIST ANY MEDICATIONS/VITAMINS/MINERALS/SUPPLEMENTS YOU ARE TAKING OR HAVE RECENTLY TAKEN.

HABITS

DO YOU SMOKE? _____ IF YES, HOW MANY PACKS PER DAY? _____
DO YOU DRINK? _____ IF YES, HOW MANY DRINKS PER WEEK? _____
HIGH STRESS LEVEL? _____ IF YES, WHAT IS REASON? _____

WORK ACTIVITY

SITTING _____ LIGHT LABOR _____
STANDING _____ HEAVY LABOR _____

DATE OF LAST: PHYSICAL EXAM _____ SPINAL XRAY _____ BLOOD TEST _____
SPINAL EXAM _____ CHEST XRAY _____ URINE TEST _____
MRI, CT, BONE SCAN _____

PLEASE CIRCLE "Y" FOR ANY CONDITION YOU HAVE EXPERIENCED IN THE PAST OR ARE EXPERIENCING AT THIS TIME. CIRCLE "N" FOR A CONDITION YOU HAVE NOT EXPERIENCED IN THE PAST OR AT THIS TIME.

- AIDS/HIV Y / N HEPITIS Y / N SCARLET FEVER Y / N
ALCOHOLISM Y / N HERNIATED DISC Y / N STROKE Y / N
ALLERGY SHOTS Y / N HERNIA Y / N SUICIDE ATTEMPT Y / N
ANEMIA Y / N HERPES Y / N THYROID PROBLEMS Y / N
ANOREXIA Y / N HIGH BLOOD PRESSURE Y / N TONSILLITIS Y / N
APPENDICITIS Y / N HIGH COLESTOREROL Y / N TUBERCULOSIS Y / N
ARTHRITIS Y / N KIDNEY DISEASE Y / N TUMORS/GROWTHS Y / N
ASTHMA Y / N KIDNEY INFECTION Y / N TYPHOID FEVER Y / N
BLEEDING DISORDER Y / N LIVER DISEASE Y / N ULCERS Y / N
BREAST LUMP Y / N MEASLES Y / N VAGINAL INFECTIONS Y / N
BRONCHITIS Y / N MIGRAINES Y / N VUNEREAL DISEASE Y / N
BULIMIA Y / N MISCARRIAGE Y / N WHOOPING COUGH Y / N
CANCER Y / N MONONUCLEOSIS Y / N
CARPUL TUNNEL Y / N MULTIPLE SCLEROSIS Y / N
CATARACTS Y / N MUMPS Y / N NECK PAIN Y / N
CHEMICAL DEPENDENT Y / N OSTEOPOROSIS Y / N BACK PAIN Y / N
CHICKEN POX Y / N PACEMAKER Y / N MUSCLE STRAIN Y / N
DIABETES Y / N PARKINSON'S DISEASE Y / N LIGAMENT SPRAINS Y / N
EMPHYSEMA Y / N PINCHED NERVE Y / N BURSITIS Y / N
EPILEPSEY Y / N PNEUMONIA Y / N PLANTAR FASCITIS Y / N
FRACTURES Y / N POLIO Y / N HEADACHES Y / N
GLAUCOMA Y / N PROSTATE PROBLEM Y / N SHOULDER PAIN Y / N
GOITER Y / N PROSTHESIS Y / N SCIATICA Y / N
GONORRHEA Y / N PSYCHIATRIC CARE Y / N SCOLIOSIS Y / N
GOUT Y / N RHEUMATOID ARTHRITIS Y / N SWOLLEN JOINTS Y / N
HEART DISEASE Y / N RHEUMATIC FEVER Y / N OTHER _____

FAMILY HISTORY

___ CANCER ___ HIGH BP ___ LIVER DZ ___ OTHER
___ STROKE ___ HIGH COLESTEROL ___ PROSTATE DZ
___ DIABETES ___ KIDNEY DZ ___ METABOLIC DZ

I ACKNOWLEDGE THAT ALL INFORMATION LISTED ABOVE CONCERNING MY PERSONAL HEALTH HISTORY IS TRUE TO THE BEST OF MY KNOWLEDGE.

SIGNATURE: _____ DATE: _____